



A FREE KIT FROM PSITTA

Finish the Book You Started

*A short, kind field guide for writers who begin with fire —
and stall somewhere in the middle.*



You've started before.

Maybe more than once. There's a notebook somewhere, or a document called *draft_final_v2*, or a first chapter you still remember writing in a rush of excitement. And then... the middle arrived, and the story got quiet, and life got loud, and it's been sitting there ever since.

Here's what I want you to know before you turn the page: this is not a talent problem, and it is not a discipline problem. Almost every writer who has ever finished a book has a drawer full of ones they didn't. Starting runs on inspiration. Finishing runs on something else entirely — a handful of small, learnable moves that keep you walking when the excitement wears off.

Motivation gets you to the page. Momentum gets you to the end.

This kit is five of those moves. None of them ask you to feel ready, or find more willpower, or become a different person. They just make the next step small enough that you take it — and then the next one, until one day the middle is behind you.

Read it in ten minutes. Do it over the next ten days. Keep it near your desk.



MOVE ONE

Name the finish line

"Write a book" is too big to walk toward — it has no edge, so you can never touch it. Finishing starts the moment you make "done" small and specific enough to actually reach. Not the masterpiece. Not the published, praised, perfected thing. Just the honest first ending.

A finish line sounds like: *"A complete first draft, roughly 60,000 words, beginning to end, however rough."* Now it has an edge. Now you can measure the distance.

TRY IT

Finish this sentence: "My book is done when I have..."

Write the smallest ending you'd still be proud to reach. You can always aim higher after you've arrived once.

2

MOVE TWO

Shrink the next step

The middle feels heavy because you keep trying to lift the *whole book* at once. You can't. Nobody can. You can only ever write the next small piece — the next scene, the next section, the next page.

So stop asking "how do I finish this book?" and start asking a much smaller question: "*what is the very next thing that happens?*" Answer that, write only that, and the book quietly moves forward without you having to carry all of it.

TRY IT

What is the single next scene or section you need to write? Name it in one line.

If the next step still feels big, it isn't the next step yet. Cut it in half again.

3

MOVE THREE

Write the bad version on purpose

Most books die at the exact spot where the writing stops being as good as the idea in your head. That gap is where you quit — not because you're failing, but because you're comparing a real, messy sentence to a perfect imaginary one.

So give yourself permission to write it badly, on purpose. A finished ugly draft can be fixed. A perfect draft that only exists in your mind cannot. Lower the bar to "keep going," and let editing be a different day's job.

TRY IT

Write one line you'd normally delete for being "not good enough" — and keep it.

You cannot edit a blank page. Done is a direction, not a grade.



MOVE FOUR

Keep a chain you won't break

Finishing is less about big writing days and more about not disappearing for three weeks. The enemy isn't a bad session — it's the gap that turns into a month, and then into "someday."

So make the daily commitment almost embarrassingly small: ten minutes, or one paragraph, every day. Small enough that you can't reasonably skip it. Then mark each day you show up, and let the growing chain become the thing you don't want to break.

TRY IT

Set your daily minimum — the amount you could do even on your worst day:

Mark the next ten days as you show up:

--	--	--	--	--	--	--	--	--	--



MOVE FIVE

Protect the messy middle

The middle is where books get lost — not because the writing is bad, but because you forget where you are. Threads tangle, you can't remember what you set up in chapter two, and the fog makes every session start from zero.

The fix isn't more willpower — it's a map you can glance at. A simple, living outline of what happens, who's who, and what still needs to pay off. When you always know where you are, you never have to re-find your book before you can write it.

TRY IT

In one line each: where does your story open, and where is it trying to end?

A writer who can see the whole map is a writer who keeps walking.

ONE LAST THING

The middle is where books are won.

If you take nothing else from this kit, take this: finishing isn't a burst of brilliance at the end. It's a hundred small, ordinary returns to the page — each one made easier when the next step is small and the map is clear.

You've already done the hardest, bravest thing: you started. The moves in here are just how you keep the promise you made to that first chapter.

Psitta was built for exactly this part.

It holds your outline, characters, chapters and notes in one calm place — so the messy middle never collapses into chaos, and you always know where you are. It's a mentor for the walk, not a ghostwriter. The words stay yours.

Keep going — start free at studio.psitta.ai →

Free to start. No credit card. Your book, finished — one small step at a time.



Now go write the next small piece. — the Psitta team